



HEALTH PLAN

mclarenhealthplan.org

Partners In Health

February 2025

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Introduction

Welcome to McLaren Health Plan's Provider Network Update. This is a monthly communication that will be sent to you via email and posted on our website at mclarenhealthplan.org/mclaren-health-plan/provider-communications.

If you would like to be added to our email distribution list to stay up-to-date on McLaren Health Plan processes and policies, learn about McLaren Health Plan community participation and sponsored events, Link directly to other online resources, and to receive this newsletter via email, please email the information below to MHPprovidercomm@mclaren.org.

Email Address

First Name

Last Name

Phone Number (XXX-XXX-XXXX)

Fax Number (XXX-XXX-XXXX)

Provider Group/Business Name

NPI

Group NPI

Address 1

Address 2

City

State

ZIP

Critical Updates

UPDATE: Site of Service Program

Effective 4/1/25, McLaren Health Plan is implementing a Site of Service program. The Site of Service program is applicable to McLaren Health Plan's Medicaid and Commercial/Community membership and outlines the requirements for certain surgical procedures to be performed without an authorization in an Ambulatory Surgical Center (ASC) setting, reimbursement for these services in the outpatient hospital setting require preauthorization and medical necessity review. The Site of Service program includes the following services:

Service Category	Service Code
Cataract Surgery	66821
Cataract Surgery	66982
Cataract Surgery	66984
Cataract Surgery	66987
Cataract Surgery	66988
Colonoscopy	45378
Colonoscopy	45380
Colonoscopy	45384
Colonoscopy	45385
Eye and Ocular Adnexa	65710
Eye and Ocular Adnexa	65820
Eye and Ocular Adnexa	66250
Eye and Ocular Adnexa	66710
Eye and Ocular Adnexa	66711
Eye and Ocular Adnexa	66825
Eye and Ocular Adnexa	66986
Eye and Ocular Adnexa	67010
Eye and Ocular Adnexa	67041
Eye and Ocular Adnexa	67042
Eye and Ocular Adnexa	67105
Eye and Ocular Adnexa	67108

Service Category	Service Code
Eye and Ocular Adnexa	67113
Eye and Ocular Adnexa	67840
Eye and Ocular Adnexa	68110
Eye and Ocular Adnexa	68115
Eye and Ocular Adnexa	68320
Eye and Ocular Adnexa	68720
Eye and Ocular Adnexa	68815
Ophthalmologic	65426
Ophthalmologic	65730
Ophthalmologic	65855
Ophthalmologic	66170
Ophthalmologic	66761
Ophthalmologic	67028
Ophthalmologic	67036
Ophthalmologic	67040
Ophthalmologic	67228
Ophthalmologic	67311
Ophthalmologic	67312
Upper Gastrointestinal Endoscopy	43235
Upper Gastrointestinal Endoscopy	43239
Upper Gastrointestinal Endoscopy	43249

These services, if requested to be performed in the outpatient hospital setting will require preauthorization and medical necessity review. If these services are not preauthorized to be performed in the outpatient hospital setting, the claim will be denied.

UPDATE: Incontinence Supply Vendor

McLaren Health Plan is partnering with J & B Medical as an exclusive provider of incontinence, ostomy, urology supplies, including diapers for our Medicaid line of business effective 4/1/25. More details will be provided to those members receiving these services prior to 4/1/25, as well as to our provider network.

*****NOTE TO MARKETING: Please put these articles closer to beginning of document, not at end.*****

Quality Quick Tips

Cardiovascular Disease

February is National Heart Health Month. It's a great opportunity to connect with your patients who have Cardiovascular Disease to ensure that they have received or are scheduled to receive their cardiovascular disease management appointment in the new year. You play an important role in diagnosing and supporting your patients to prevent complications. McLaren wants to support you and your practices with educating and caring for these patients.

The HEDIS Controlling High Blood Pressure (CBP) assesses adults 18-85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90 mm Hg).

Controlling High Blood Pressure	MY2022	MY2023	Current	NCQA 75 th Percentile
Medicaid- Adult	46.47%	52.80%	43.26%	67.27%
Marketplace	59.17%	63.57%	46.11%	71.61%
Medicare	NA	67.20%	39.21%	78.91%

The HEDIS Statin Therapy for Patients With Cardiovascular Disease (SPC) assesses males 21-75 years of age and females 40-75 years of age who have ASCVD and who received and adhered to statin therapy.

Statin Therapy for Patients with Cardiovascular Disease (SPC)	MY2023	Current	NCQA 75 th Percentile
Medicare- Received Statin Therapy	80.00%	81.01%	87.69%

Medicare- Statin Adherence 80%	100%	82.81%	88.84%
Medicaid- Received Statin Therapy	84.44%	82.77%	82.58%
Medicaid- Statin Therapy Adherence 80%	82.09%	78.89%	76.15%

TIPS TO IMPROVE:

- Take 2 or more BP measurements if initial BP is >140/90.
- Ensure the patient has their feet flat, sitting in upright position and the appropriate size cuff is used.
- Rest in between measurements for at least 2 minutes with the patient seated.
- Use equipment that is the appropriate size for the patient and that has been regularly calibrated.
- Encourage out of office BP measurements with communication of results, frequent checks for accuracy and lifestyle and medication adjustments. Home readings are often 5 mm Hg lower than in the office.
- Educate on the importance of complying with statin therapy during every communication
- Simplify the medication regimen by using once-daily dosing, if possible
- Listen to members' concerns and make them an active part of shared-decision making
- Routinely schedule the next appointment for consistent follow up and monitoring.

Health care providers can help patients manage their high blood pressure by prescribing medications and encouraging low-sodium diets, increased physical activity and smoking cessation. MHP has a free tobacco cessation program for MHP Community and Medicaid members, call 800-784-8669 for more information. If you have questions or would like more information, please email us at MHPQuality@McLaren.org.

Maternal Health

Maternal health encompasses the physical, emotional, and mental health of women during the pregnancy, childbirth, and the postnatal period. Supporting maternal health needs is vital to ensuring that women and their babies reach their full potential for health and well-being. Please join us in this effort to improve the well-being of mothers and infants by providing the following important services during and after pregnancy:

- **Prenatal Depression Screening and follow-up if positive:** Screening for clinical depression using a standardized screening tool and if positive, received follow up care. TIP: An immediate PHQ 9 in response to a positive PHQ 2 would be compliant for both screening and follow-up care.
- **Postpartum Depression Screening and follow-up if positive:** Screening for clinical depression during the postpartum period, and if positive, received follow up care. TIP: An immediate PHQ 9 in response to a positive PHQ 2 would be compliant for both screening and follow-up care.
- **Timely Prenatal Care:** Women who received a prenatal care visit in the first trimester
- **Timely Postpartum Care:** Women who delivered a live birth who received a postpartum visit on or between 7 and 84 days after delivery
 - McLaren has a Health Plan incentive of \$100 for McLaren Health Plan’s (MHP) OB-GYN and Primary Care Providers who meet the requirement of providing timely prenatal care within the first trimester AND a timely postpartum visit within 7-84 days of an MHP Medicaid Mom’s delivery. To ensure payment, bill the prenatal and postpartum visits to MHP.
- **Pregnancy Management:** Pregnant women who received the following services during pregnancy
 - HIV Testing in the 1st or 2nd trimester AND in the first or second month of 3rd trimester
 - Chlamydia Screening in women 25 years of age or younger
 - Syphilis Screening in the 1st or 2nd trimester AND in the first month of 3rd trimester
 - HBsAg testing in the 1st or 2nd trimester AND in the 1st or 2nd month of the 3rd trimester
 - Group B Streptococcus testing
 - Gonorrhea Screening in women 25 years of age or younger

Health Screening Measure	Medicaid MY23 Rates	Medicaid YTD24 Rates	Proposed MDHHS Minimum Standard
Prenatal Depression Screening (PND-E)	3.78%	1.11%	6%
Follow-Up on a Positive Screening	73.08%	91.67%	60%
Postpartum Depression Screening (PDS-E)	2.65%	2.65%	5%

Follow-Up on a Positive Screening Postpartum	75.00%	78.95%	71%
Timely Prenatal Care	78.36%	70.90%	N/A
Postpartum Care	77.78%	66.81%	68%

Most Pregnancy Related Deaths are Preventable:

Although deaths related to pregnancy are rare, too many people still die each year in the United States from complications due to pregnancy. Most of these pregnancy related deaths are preventable. Recognizing the urgent maternal warning signs, getting accurate and timely diagnosis, and quality care can save lives. Please consider referring to the CDC’s **Hear Her Program** for resources you can post in your office such as Urgent Maternal Warning Signs (For more information on the **Hear Her Campaign**, visit <https://www.cdc.gov/hearher/maternal-warning-signs/index.html>)

For McLaren Health Plan patients, please consider referring to **MAVEN**, a free 24/7 virtual support app that provides access to trusted resources for support with mental health needs, pregnancy concerns and/or birth recovery concerns, baby’s milestones and breast or formula feeding support. McLaren patients sign up at mavenclinic.com/join/McLaren

Thank you for the quality care you deliver!

Authorization Changes

For the most recent and upcoming authorization information, visit McLaren Health Plan’s website at mclarenhealthplan.org and select the Provider tab.

- All changes and announcements are posted online at least 60 days prior to becoming effective.
- [Upcoming-Authorization-Changes.pdf](#)
- As of 4/1/2025, the following items/services are being added and require authorization. Please see the list on the website list for specific codes:
 - Community and Medicaid – Spine procedures
 - Community and Medicaid – Site of service requirements for GI Procedures and Eye Procedures
 - Community, Health Advantage, and Medicaid – Certain specialty dressings and supplies
 - For all current prior authorization requirements, visit: [Prior Authorization Codes List](#)
 - For all current Medicare prior authorization requirements, visit: [Medicare Prior Authorization Information](#)

Please refer to the website for an updated authorization requirements list with effective dates of January 1, April 1, July 1, or October 1 of each year.

If you have any questions, please contact your Provider Relations Representative at 888-327-0761 (TTY: 711) for assistance.

Are You The 33%?

According to the National Kidney Foundation (NKF) more than 1 in 7 adults in the United States (U.S.) have kidney disease and about 90% do not know they have it.¹ The NKF has developed the “Are You The 33%?” Campaign.² This campaign helps to connect patients with services and resources. You and your patients can visit the NKF’s website to learn more about the campaign here: <https://nkfm.org/morris-hood-iii-ckd-and-covid-complications-prevention-initiative/kidney-risk-quiz-campaign-toolkit-2/>.

1. National Kidney Foundation. <https://www.kidney.org/about/kidney-disease-fact-sheet> 1/30/25
2. National Kidney Foundation. <https://nkfm.org/morris-hood-iii-ckd-and-covid-complications-prevention-initiative/kidney-risk-quiz-campaign-toolkit-2/#comm-toolkit> 1/30/25

Pregnancy and Post-Partum Resources

Pregnancy and postpartum mood and anxiety disorders are common. If you have patients living in Wayne, Oakland, Macomb, Genesee, Ingham or Washtenaw Counties MC3 can help. When patients sign up for MC3, a licensed mental health professional will talk with them and together they can create a plan to help them get the care they need. ¹

¹<https://mc3michigan.org> 1/30/25